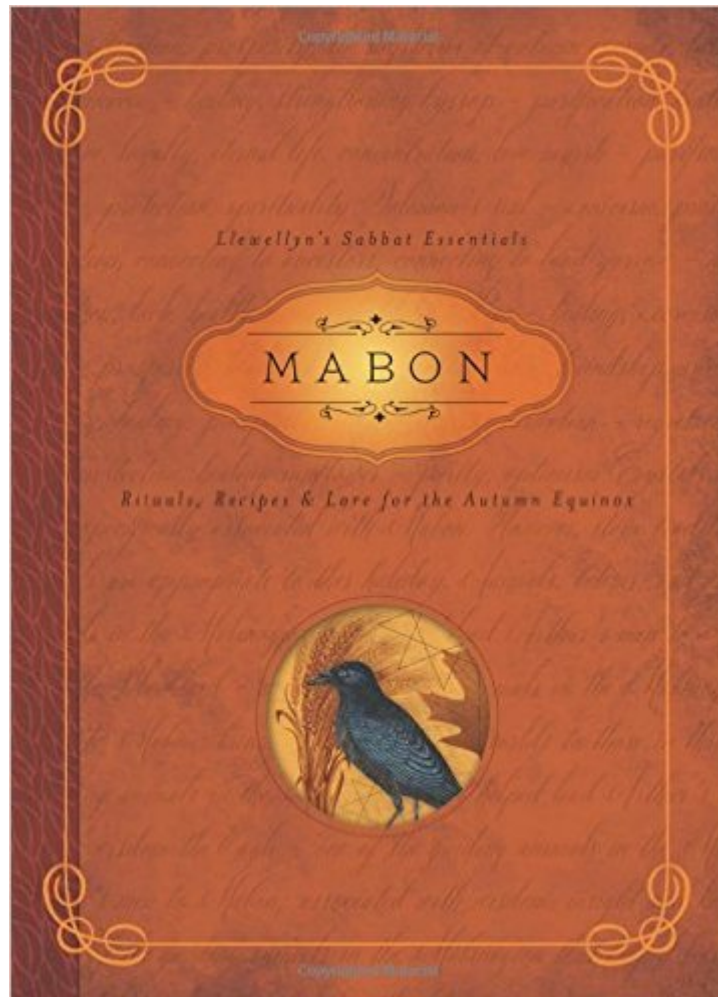


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# Mabon: Rituals, Recipes & Lore For The Autumn Equinox (Llewellyn's Sabbat Essentials)



## Synopsis

A thanksgiving celebration for the second harvest Mabonâ •also known as the Autumn Equinoxâ •is a time to honor the spiritual significance of harvest, sacrifice, and survival. This guide shows you how to perform rituals and work magic that incorporates the shifting balance between light and dark that reaches its pinnacle during the equinox. Rituals Recipes Lore Spells Divination Crafts Correspondences Invocations Prayers Meditations Llewellyn's Sabbat Essentials explore the old and new ways of celebrating the seasonal rites that are the cornerstones of the witch's year.

## Book Information

Series: Llewellyn's Sabbat Essentials (Book 5)

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Average Customer Review: 4.6 out of 5 starsÂ Â See all reviewsÂ (26 customer reviews)

Best Sellers Rank: #37,449 in Books (See Top 100 in Books) #11 inÂ Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Paganism #44 inÂ Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Wicca #80 inÂ Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Witchcraft

## Customer Reviews

This is a charming guide to one of the witch's sabbats celebrated at the time of the autumnal equinox. Don't let it's small size deter you: this little book is loaded with folk lore, rituals, recipes and spells, amongst other things, to help you fully celebrate the occasion and the season in a way that will connect you with Mother Earth and Nature. I have been a dedicated follower of the Craft for over ten years now, and have many books in my library on the subject. I was still able to glean much new information from this book that will enhance my celebration of the occasion. I would recommend this book especially to newcomers who are just beginning their study of the Craft and for novices who are making their journey through the Wiccan faith.

Another terrific book by Llewellyn! Clear, concise and packed with all sorts of good information - this series is the one that you'll want to keep in your library. The chapters are pretty much laid out as follows: "Old Ways", "New Ways", "Spells and Divination", "Recipes and Crafts", "Prayers and Invocations", "Rituals of Celebration" and then finally in the back of the book, a complete list of correspondences for the holiday! Plus it's soft cover and size makes it totally portable and it feels good in the hand. I plan on getting them all!

I was expecting something with a little more substance. While interesting, and I felt this covered a good basic foundation of the history of the holiday and it's counterparts, there were only a few pages that seemed spiritual to me. A lot felt like restated info we've all read many times before in every "beginner's guide to" [insert paganism, Wicca, kitchen witchcraft, etc...]. I'm a 15+ year pagan, Autumn is my favorite time of year, and I may just be getting disenchanted and bored with the plethora of beginner's books like this one. There's nothing necessarily wrong with this book; it may just be better suited for those getting their proverbial feet wet in pagan or Wiccan practices rather than a practitioner looking for new ideas.

This is a great book series. I wouldn't use these as a dependent everyday book but these do have useful knowledge and are just pretty read to add to your collection either way. I hope this series gets a little more attention and continues with their collection. Also adds a nice touch of color to your study's or altar each season.

Quick reference to information all in one place. All of the series are great! Awaiting the Yule Book pleased with all of the series. Highly recommend for recipes as well as all the information needed for Mabon.

This entire series is worth buying if you are interested in more information on the Sabbats. Rituals, prayers and even recipes and crafts are listed in these books for the occasion. A must have in everyone's collection! :D

I'm collecting the whole series of Llewellyn's sabbat books. I love the tips, correspondences, spells and history included in these books. I highly recommend this series for new witches as well as more experienced ones. A great reference tool.

Love the recipes, & craft ideas, even as a well-seasoned witch

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